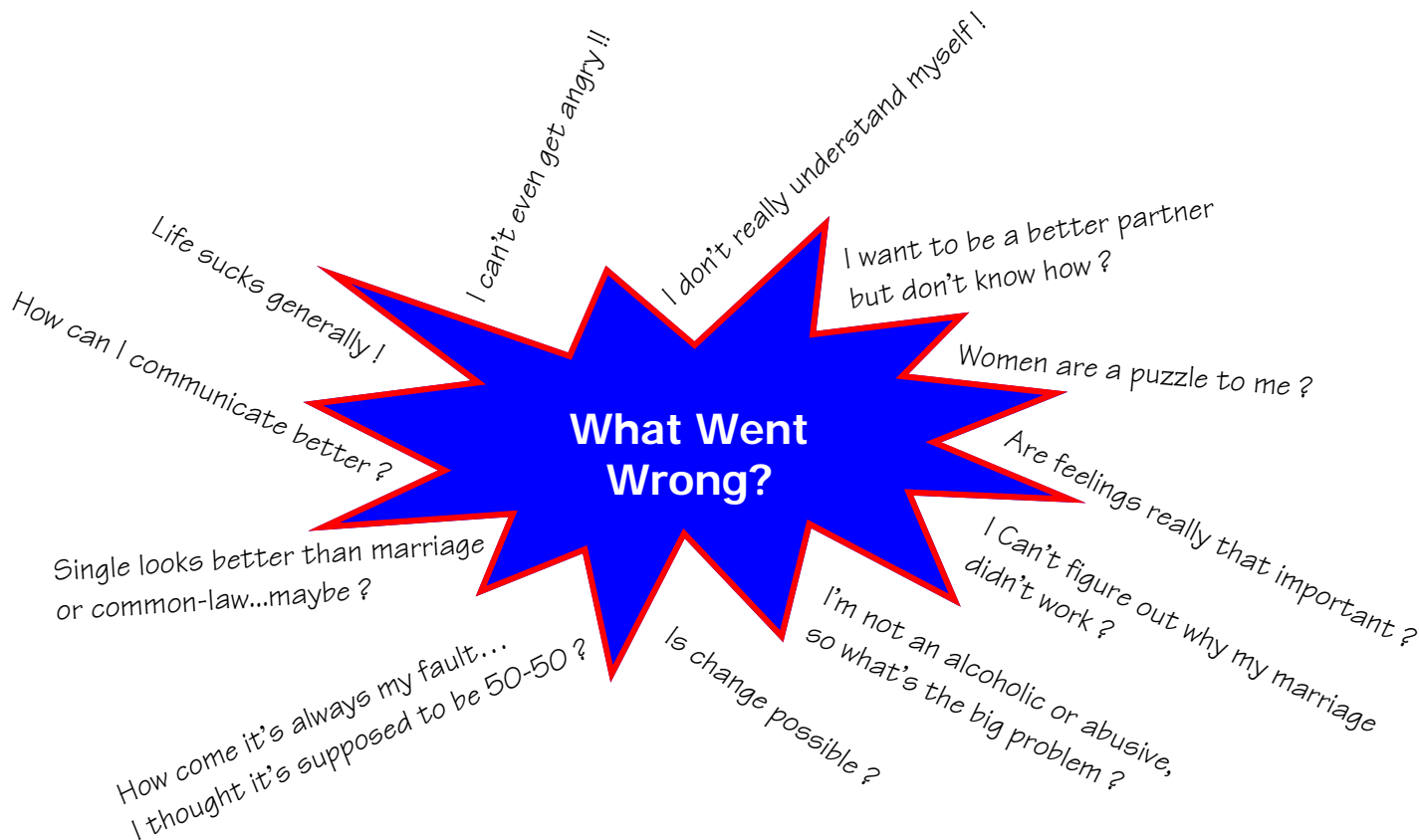
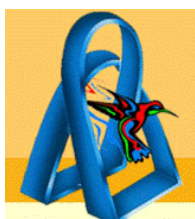


CREATING DEEPER CONNECTION - A Men's Therapy Group -



One of the greatest puzzles for men is trying to make relationships work, especially with their partner/spouse. When things go wrong in life, especially in relationships, one of the major reasons is that men miss the emotional/feeling component of the issue. As rational as people are, it is actually the underlying feelings that drive these 'rational' decisions. We know most men try to 'figure out' the solution to the problem, often missing a key element in the solution - the feelings. This Men's Group guides men in learning how to solve problems differently by being able to access, understand and, most importantly, work from a male perspective with emotions and feelings.

- Day & Time: **Weekly, Monday from 4:30 pm. – 6:30 pm.**
- Duration: **Group runs continuously from September to June**
- Location: **Armstrongs' Counselling Services,
10027 - 166 St., Edmonton, AB**
- Group Size: **8 - 10 men**
- Intake: **An intake interview is required before admission to the group**
- Cost: **\$ 80 per person for each group session**



Armstrongs' Counselling Services

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Edmonton, AB T5P 4Y1
Website: voicedialogueedmonton.com

Murray Armstrong, MSW., RSW

Individual, Marital
Family & Group Therapy
Specializing in Men's Issues

